

## Virtual Training

Below is a list of online training being offered by AFFM online. All training is free of charge. Please click the link after each training description to sign up. You will receive an email with login instructions using Zoom 1-2 days prior to the webinar.

For information on how to use Zoom:

<https://support.zoom.us/hc/en-us/sections/201728913-Joining-Starting>

**June 28, 2022 6:00 PM-8:00 PM**

### **Mandated Reporter Training**

*Presented by Hether Anderson AFFM Training Facilitator*

All resource families are required to take the mandated reporter training when becoming licensed. They also need to renew this training every 4 years! Join us here for mandated reporter training and receive 2 training hours towards recertification!

Mandated Reporters are a critical part of Maine's Child protection system and act as an early warning network to identify suspected child abuse and neglect; promptly enough to avoid serious and long term damage to a child. Professionals who frequently encounter children in their work are in the best position to recognize and report suspected child abuse and neglect and are required by law to do so.

Register Here: <https://forms.gle/Swhv9Da8M6gN8QGu9>

**July 7, 2022 7:00 PM-8:30 PM**

### **Allegation Prevention**

*Presented by Hether Anderson, AFFM Training Facilitator*

This training will assist families in asking "the right questions" prior to placement, provide helpful hints on what and when to document events, provide creative ways to prioritize and/or reduce conflicts between adults and children, provide a basic understanding of confidentiality rules, and the respecting and valuing of privacy. The training will also share the process of investigating an allegation in a foster home and what families can anticipate in terms of the process.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLScKhI6uQIYnRoUnRhxeGfEpCe\\_Zxu7G7L-mQW375qNZged9Cw/viewform?usp=pp\\_url](https://docs.google.com/forms/d/e/1FAIpQLScKhI6uQIYnRoUnRhxeGfEpCe_Zxu7G7L-mQW375qNZged9Cw/viewform?usp=pp_url)

**July 12 & 14, 2022 6:00 PM-8:00 PM**

**Positive Discipline - 4 hour workshop. Must attend both sessions.**

*Presented by Monica Bushey, Training Coordinator AFFM*

The two most significant challenges children face are learning acceptable social behaviors and being able to control their own actions. And there lies the vital importance of taking time to teach and guide children in learning how to make effective choices and manage their own behavior over time. This can start as early as possible. This workshop will cover the definition of discipline along with the 7 principles of discipline which are introduced through group work and class discussion. These principles of discipline will give you tools to use at home.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLSdDgyDZ8PIk09AK2pN4568fpTPWyrbQTnQQs8cDRNHvPeylCA/viewform?usp=pp\\_url](https://docs.google.com/forms/d/e/1FAIpQLSdDgyDZ8PIk09AK2pN4568fpTPWyrbQTnQQs8cDRNHvPeylCA/viewform?usp=pp_url)

**July 21, 2022 9:00 AM 11:00 AM**

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**27, 2022 7:00 PM-8:30 PM**

**Managing Confidentiality: The Why and How**

*Presented by Hether Anderson AFFM Training Facilitator*

Who... What... When... Where... are very important questions to consider when you are a resource parent. How do you manage these questions while maintaining confidentiality as a caregiver? Understanding boundaries when it pertains to confidential information can be key to keeping children safe. This workshop will help to define those boundaries and work through them by discussing why confidentiality is important and how caregivers can work within the boundaries.

This workshop will:

- \*Discuss federal and state Policy and the DHHS guidelines, also known as the “Little Red Book”
- \*Work through different types of confidentiality in everyday lives
- \*Cover the rights the foster children and biological parents have when it comes to confidentiality and ‘their story’.
- \*Address the DHHS social media policy and how to manage this.
- \*Work through common questions around confidentiality.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLSdMCg7rfkqhXITClr6U\\_c\\_wBoQjYejaA3xa4VG\\_1fMgT2j8hzA/viewform?usp=pp\\_url](https://docs.google.com/forms/d/e/1FAIpQLSdMCg7rfkqhXITClr6U_c_wBoQjYejaA3xa4VG_1fMgT2j8hzA/viewform?usp=pp_url)

**August 10, 2022 9:00 PM-10:30 PM**

**Understanding Boundaries as a Resource Parent**

*Presented by Hether Anderson, AFFM Training Facilitator*

In this training, you will understand setting boundaries for healthy relationships. This training will answer some of the common issues and concerns when setting boundaries, and how to recognize when there is an issue with a boundary.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLSd7N7tPSFXNhECVCJ5h7Wfi5TiMFjNNOD1c7qdfQUmhgCRyfw/viewform?usp=pp\\_url](https://docs.google.com/forms/d/e/1FAIpQLSd7N7tPSFXNhECVCJ5h7Wfi5TiMFjNNOD1c7qdfQUmhgCRyfw/viewform?usp=pp_url)

**August 17, 2022 7:00 PM 9:00 PM**

**Mandated Reporter Training**

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Register Here:

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**August 24, 2022 7:00 PM 8:30 PM**

**Understanding Safety and Awareness**

*Presented by Hether Anderson, AFFM Training Facilitator*

Safety Training will start by providing participants with important reasons why safety is a subject that needs to be talked about, ending with ways to help reduce the risk of putting oneself in an unsafe situation. Participants will walk through safety planning in class as well as discuss tips to consider when providing supervised visits for children in and out of the home. General safety tips for everyday living are covered along with what to do if an incident or emergency occurs.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLScR1OfWenv-EgUVLSbPnbYpxqUw5rx-VbcqeUtPcw1CRQ6JEw/viewform?usp=pp\\_url](https://docs.google.com/forms/d/e/1FAIpQLScR1OfWenv-EgUVLSbPnbYpxqUw5rx-VbcqeUtPcw1CRQ6JEw/viewform?usp=pp_url)

**September 13, 2022 1:00 PM-2:30 PM**

**Understanding the Maine Child Protective Court System**

*Presented by Hether Anderson, AFFM Training Facilitator*

After this training participants will have the basic understanding of the court process and terms. Participants will feel more comfortable navigating the court system with having this basic understanding of the process and terms used.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLSdvxJmtvBg-BGuf182rjv5HRhYmWKIknsE6jxusSI44kWmtA/viewform?usp=pp\\_url](https://docs.google.com/forms/d/e/1FAIpQLSdvxJmtvBg-BGuf182rjv5HRhYmWKIknsE6jxusSI44kWmtA/viewform?usp=pp_url)

**September 20, 2022 7:00 PM 9:00 PM**

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**September 29 7:00 PM-8:30 PM**

**Adoption & Foster Nutrition**

*Presented by Hether Anderson, AFFM Training Facilitator*

This training is designed to help families, through discussion, understand common nutritional deficiencies, how a doctor might diagnose them, why some dietary restrictions are medically necessary, and how to help overcome basic feeding challenges.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLSds9QLVujgvLNEzkpQVutms4qgaU4R\\_HXaouk3VBrw9KpL49g/viewform?usp=pp\\_url](https://docs.google.com/forms/d/e/1FAIpQLSds9QLVujgvLNEzkpQVutms4qgaU4R_HXaouk3VBrw9KpL49g/viewform?usp=pp_url)

**Foster Parent College**

Are you looking to complete your relicensing hours on your own time? FosterParentCollege.com's self-paced training courses are available 24/7 with most courses including; informative handouts, interactive exercises, an interactive review questionnaire, and printable summary. Some of the courses available include Anger Outbursts, Child Abuse and Neglect, Foster Care to Adoption, Understanding Behavior, Kinship Care and SO many more!

If you are a current licensed resource home or kinship family Foster Parent College is free to use when you sign up through AFFM's account here:

<https://www.fosterparentcollege.com/comment/contact-affiliate.jsp?affId=1110&op=request>

**Podcast training available anytime!**

This link is to a podcast focused on how the older generations can facilitate and foster

relationships with younger generations (grandkids), especially in a post-retirement stage of life. If you would like a training certificate issued for this training, please email [monica@affm](mailto:monica@affm) with a brief summary of what you took away from this podcast. You can view/listen to the podcast at any of the below links.

Blog Post: <https://blog.guidancepointllc.com/19>

Youtube: <https://www.youtube.com/watch?v=8xqv7A21RgU>

Facebook Post: <https://www.facebook.com/theretirementsuccessinmainepodcast/>

ApplePodcasts: <https://podcasts.apple.com/us/podcast/the-retirement-success-in-maine-podcast/id1479140129>

Spotify: [https://open.spotify.com/show/5vphBSQ5dCu0jPBuQ9rM63?si=zSKLNxd4SUa4etrKWfAZ\\_w](https://open.spotify.com/show/5vphBSQ5dCu0jPBuQ9rM63?si=zSKLNxd4SUa4etrKWfAZ_w)

### **Beyond Consequences**

TISConversations - Join Heather T. Forbes, LCSW for relevant trauma-informed conversations designed to support teachers, parents, and professionals. Deepen your understanding of how to solve challenging issues from a trauma-informed lens.

Podcast also available on Google Podcasts, Apple Podcasts, Amazon Music and Spotify.

<https://www.youtube.com/channel/UCojwEQSAIQnaX1KRSTlwOTw>