

## Virtual Training

Below is a list of online training being offered by AFFM online. All training is free of charge. Please click the link after each training description to sign up. You will receive an email with login instructions using Zoom once registration has been validated. The login information will be sent before the meeting starts.

For information on how to use Zoom:

<https://support.zoom.us/hc/en-us/sections/201728913-Joining-Starting>

### **January 13, 2022 7:00 PM-9:00 PM**

#### **Mandated Reporter Training**

*Presented by Hether Anderson AFFM Training Facilitator*

All resource families are required to take the mandated reporter training when becoming licensed. They also need to renew this training every 4 years! Join us here for mandated reporter training and receive 2 training hours towards recertification! Mandated Reporters are a critical part of Maine's Child protection system and act as an early warning network to identify suspected child abuse and neglect; promptly enough to avoid serious and long term damage to a child. Professionals who frequently encounter children in their work are in the best position to recognize and report suspected child abuse and neglect and are required by law to do so.

Register Here:

<https://docs.google.com/forms/d/e/1FAIpQLSfFQDt-4k5r2b5TXWt50X3jBVaNqV5F20VtmrkYXJX5n8qpbq/viewform>

### **January 18, 2022 1:00 PM-2:30 PM**

#### **Allegation Prevention and Protocol**

*Presented by Hether Anderson AFFM Training Facilitator*

This training will assist families in asking "the right questions" prior to placement, provide helpful hints on what and when to document events, provide creative ways to prioritize and/or reduce conflicts between adults and children, provide a basic understanding of confidentiality rules, and the respecting and valuing of privacy. The training will also share the process of investigating an allegation in a foster home and what families can anticipate in terms of the process.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLSetceR0mtP-xSxTPb039qCZLCSD\\_74pj3d6XV3vWAXy6MficA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSetceR0mtP-xSxTPb039qCZLCSD_74pj3d6XV3vWAXy6MficA/viewform)

**January 26, 2022 7:00 PM-8:30 PM**

**Planning for Joining a Child to Your Family**

*Presented by Hether Anderson AFFM Training Facilitator*

This training is designed to help support resource families in understanding the processes a child and family go through when a child joins a resource home. We will cover the commitments, needs and wishes for a child joining your family. This training will help guide families in working for a successful transition.

Register

Here:<https://docs.google.com/forms/d/e/1FAIpQLSdAyZIDbCu5qNgL9OWHsg3xVZga9zE-xIR0izid74IEG-KCIA/viewform>

**February 1, 2022 7:00 PM-9:00 PM**

**Mandated Reporter Training**

*Presented by Hether Anderson AFFM Training Facilitator*

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Register Here:

<https://docs.google.com/forms/d/e/1FAIpQLSdSSyzMSpYNKHM5j8RVIDr1Zc9B7H3N2RSj5W2UA0qPzokaDA/viewform>

**February 2, 2022 6:00 PM-7:30 PM**

**Teens: Why Do They Do What They Do? How Can I Help?**

*Presented by Lynette Johnson and Vicki Preston, Maine Family Planning*

Of all the ages and stages of child development, the adolescent years seem to bring on the most hesitation and fear in adults. Teens tend to get a bum rap, as they are constantly on their devices, experience emotional ups and downs, communicate in ways we don't understand (or don't communicate at all), and cause us to constantly ask "why do they act that way!?" In fact, adolescence is one of the most dynamic stages of development, that starts in the pre-teen years and continues until the brain is fully developed, in the mid-20s. It is an important growth stage between childhood and adulthood, in which they are learning many new skills they will need for a healthy and successful future. They need to practice independence, and they also need a lot of affirmation and support from the adults around them.

In this webinar, we will:

- 1) Discuss typical adolescent development, including how the body and mind are changing.
- 2) Identify special considerations for teens who have lived through adverse childhood experiences and trauma.
- 3) Identify the important talks we should be having with teens.
- 4) Share strategies for starting and continuing positive conversations that encourage and support teens.

Register Here: <https://forms.gle/PfSJJgZddDisP3C9A>

**February 10, 2022 7:00 PM-8:30 PM**

**Parenting Life Skills**

*Presented by Hether Anderson AFFM Training Facilitator*

Participants will understand 12 key good parenting skills and how to implement them in real-life situations. The information helps participants navigate the confusing and overwhelming abundance of parenting advice out there.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLScb5IaxQW4a4FAHrvp2\\_vzSDsAiHXyGKZXqBqRua62-C5GLBQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLScb5IaxQW4a4FAHrvp2_vzSDsAiHXyGKZXqBqRua62-C5GLBQ/viewform)

**February 15, 2022 7:00 PM-8:30 PM**

**Building Healthy Relationships**

*Presented by Hether Anderson AFFM Training Facilitator*

This training focuses on supporting healthy development, conversations and relationships with young children to teenagers. During the 1 1/2 hour training participants will review the stages of typical child sexual development, identify red flags, and practice skills for starting conversations and answering difficult questions.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLScNVi2JNbfWvUGWTMFrDFkFRMVcOoxN\\_lo422oR8EB1upH4UQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLScNVi2JNbfWvUGWTMFrDFkFRMVcOoxN_lo422oR8EB1upH4UQ/viewform)

**February 28, 2022 7:00 PM-9:00 PM**

**Mandated Reporter Training**

*Presented by Hether Anderson AFFM Training Facilitator*

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Register Here:

<https://docs.google.com/forms/d/e/1FAIpQLScSULKAEFoHEm-zD2kmCAvuoQW7KaGoLJ0HpRJdifBlwrm6jA/viewform>

## **Foster Parent College**

Are you looking to complete your relicensing hours on your own time? FosterParentCollege.com's self-paced training courses are available 24/7 with most courses including; informative handouts, interactive exercises, an interactive review questionnaire, and printable summary. Some of the courses available include Anger Outbursts, Child Abuse and Neglect, Foster Care to Adoption, Understanding Behavior, Kinship Care and SO many more!

If you are a current licensed resource home or kinship family Foster Parent College is free to use when you sign up through AFFM's account here:

<https://www.fosterparentcollege.com/comment/contact-affiliate.jsp?affId=1110&op=request>

## **Podcast training available anytime!**

This link is to a podcast focused on how the older generations can facilitate and foster relationships with younger generations (grandkids), especially in a post-retirement stage of life. If you would like a training certificate issued for this training, please email monica@affm with a brief summary of what you took away from this podcast. You can view/listen to the podcast at any of the below links.

Blog Post: <https://blog.guidancepointllc.com/19>

Youtube: <https://www.youtube.com/watch?v=8xqv7A21RgU>

Facebook Post: <https://www.facebook.com/theretirementsuccessinmainepodcast/>

ApplePodcasts: <https://podcasts.apple.com/us/podcast/the-retirement-success-in-maine-podcast/id1479140129>

Spotify: [https://open.spotify.com/show/5vphBSQ5dCu0jPBuQ9rM63?si=zSKLNxd4SUa4etrKWfAZ\\_w](https://open.spotify.com/show/5vphBSQ5dCu0jPBuQ9rM63?si=zSKLNxd4SUa4etrKWfAZ_w)

## **Beyond Consequences**

TISConversations - Join Heather T. Forbes, LCSW for relevant trauma-informed conversations designed to support teachers, parents, and professionals. Deepen your understanding of how to solve challenging issues from a trauma-informed lens.

Podcast also available on Google Podcasts, Apple Podcasts, Amazon Music and Spotify.

<https://www.youtube.com/channel/UCojwEQSAIQnaX1KRSTlwOTw>