

## Virtual Training

Below is a list of online training being offered by AFFM online. All training is free of charge. Please click the link after each training description to sign up. You will receive an email with login instructions using Zoom once registration has been validated. The login information will be sent before the meeting starts.

For information on how to use Zoom:

<https://support.zoom.us/hc/en-us/sections/201728913-Joining-Starting>

**November 2, 2021 1:30 PM-3:00 PM**

### **The Invisible Suitcase Part II - Repacking a Child's Beliefs**

*Presented by Central Maine Youth Trauma Initiative (CMYTI), a National Child Traumatic Stress Network grant funded project of MaineGeneral Medical Center's Edmund Ervin Pediatric Center.*

This training is for resource parents who have completed The Invisible Suitcase Part I. In Part II we explore what you might have in your own invisible suitcase, and how these beliefs may affect the way you react to the children in your care. This training provides helpful, concrete suggestions about how to explore the child's beliefs and respond to them differently. By doing this, you will learn to repack the child's suitcase with new, healthier experiences and beliefs, which can result in new, healthier behavior.

RSVP: <https://www.maine-general.org/classes-events/search-results/?TermId=50b9c44b-c417-ec11-a841-000d3a611ea2>

*To register, please go to [MaineGeneral.org](http://MaineGeneral.org) > Classes & Events > Resource Parent Training, and select the training topic(s) for which you would like to register. Please contact Jean Youde, CMYTI Project Manager at [CMYTI@MaineGeneral.org](mailto:CMYTI@MaineGeneral.org) with questions*

**November 3 , 2021 1:00 PM-2:30 PM**

### **Understanding Boundaries for Resource Families**

*Presented by Hether Anderson AFFM Training Facilitator*

In this training, you will understand setting boundaries for healthy relationships. This training will answer some of the common issues and concerns when setting boundaries, and how to recognize when there is an issue with a boundary.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLScoZbRzuHyNrv1\\_ZPeoLhN8kJ5MlnB3gQpC61K-2CG91m2Kmg/viewform](https://docs.google.com/forms/d/e/1FAIpQLScoZbRzuHyNrv1_ZPeoLhN8kJ5MlnB3gQpC61K-2CG91m2Kmg/viewform)

**November 5, 2021 11:00 AM - 12:30 PM**

**The Invisible Suitcase Part II - Repacking a Child's Beliefs**

*Presented by Central Maine Youth Trauma Initiative (CMYTI), a National Child Traumatic Stress Network grant funded project of MaineGeneral Medical Center's Edmund Ervin Pediatric Center.*

This training is for resource parents who have completed The Invisible Suitcase Part I. In Part II we explore what you might have in your own invisible suitcase, and how these beliefs may affect the way you react to the children in your care. This training provides helpful, concrete suggestions about how to explore the child's beliefs and respond to them differently. By doing this, you will learn to repack the child's suitcase with new, healthier experiences and beliefs, which can result in new, healthier behavior.

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*To register, please go to [MaineGeneral.org](http://MaineGeneral.org) > Classes & Events > Resource Parent Training, and select the training topic(s) for which you would like to register. Please contact Jean Youde, CMYTI Project Manager at [CMYTI@MaineGeneral.org](mailto:CMYTI@MaineGeneral.org) with questions*

**November 10, 2021 7:00 PM-8:30 PM**

**Allegation Prevention and Protocol**

*Presented by Hether Anderson AFFM Training Facilitator*

This training will assist families in asking "the right questions" prior to placement, provide helpful hints on what and when to document events, provide creative ways to prioritize and/or reduce conflicts between adults and children, provide a basic understanding of confidentiality rules, and the respecting and valuing of privacy. The training will also share the process of investigating an allegation in a foster home and what families can anticipate in terms of the process.

Register Here:

<https://docs.google.com/forms/d/e/1FAIpQLSeY8Lw9k6oYfkBaP9jmggyqtYerjVSBQz5ihV2e6gT9YG-IJQ/viewform>

**November 18, 2021 7:00 PM-9:00 PM**

**Mandated Reporter Training**

*Presented by Hether Anderson AFFM Training Facilitator*

All resource families are required to take the mandated reporter training when becoming licensed. They also need to renew this training every 4 years! Join us here for mandated reporter training and receive 2 training hours towards recertification! Mandated Reporters are a critical part of Maine's Child protection system and act as an early warning network to identify suspected child abuse and neglect; promptly enough to avoid serious and long term damage to a child. Professionals who frequently encounter children in their work are in the best position to recognize and report suspected child abuse and neglect and are required by law to do so.

Register Here: <https://forms.gle/MwC7Wp7zLqTPHdE28>

**November 30, 2021 10:00 AM-12:00 PM**

**Mandated Reporter Training**

*Presented by Hether Anderson AFFM Training Facilitator*

All resource families are required to take the mandated reporter training when becoming licensed. They also need to renew this training every 4 years! Join us here for mandated reporter training and receive 2 training hours towards recertification! Mandated Reporters are a critical part of Maine's Child protection system and act as an early warning network to identify suspected child abuse and neglect; promptly enough to avoid serious and long term damage to a child. Professionals who frequently encounter children in their work are in the best position to recognize and report suspected child abuse and neglect and are required by law to do so.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLSdeDeIXskT1kQ7CFr8tkP5TH\\_Bq52uhVMXrVseRVD4t1TXLLQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdeDeIXskT1kQ7CFr8tkP5TH_Bq52uhVMXrVseRVD4t1TXLLQ/viewform)

**December 7, 2021 7:00 PM-8:30 PM**

**Understanding Boundaries as a Resource Parent**

*Presented by Hether Anderson AFFM Training Facilitator*

In this training, you will understand setting boundaries for healthy relationships. This training will answer some of the common issues and concerns when setting boundaries, and how to recognize when there is an issue with a boundary.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLSeHctWnRSK6hnCATYZqQ6MAILCCT4qM0QDo\\_ZScOVOHGYzovw/viewform](https://docs.google.com/forms/d/e/1FAIpQLSeHctWnRSK6hnCATYZqQ6MAILCCT4qM0QDo_ZScOVOHGYzovw/viewform)

**December 14 & 16, 2021 6:00 PM-8:00 PM**

**This is a 2 part series, attending both days is required for certificate**

**Positive Discipline**

*Presented by Monica Bushey, Training Coordinator*

The two most significant challenges children face are learning acceptable social behaviors and being able to control their own actions. And there lies the vital importance of taking time to teach and guide children in learning how to make effective choices and manage their own behavior over time. This can start as early as possible. This workshop will cover the definition of discipline along with 7 principles of discipline which are introduced through group work and class discussion. These principles of discipline will give you tools to use at home.

Register Here:

<https://docs.google.com/forms/d/e/1FAIpQLScGvStTw-g39RF5TgdUxD4FkOv6z7dvSyePCbsBoJEgHLnw/viewform>

**January 5, 2022 7:00 PM-8:30 PM**

**Understanding the Maine Child Protective Court System**

*Presented by Hether Anderson AFFM Training Facilitator*

After this training participants will have the basic understanding of the court process and terms. Participants will feel more comfortable navigating the court system with having this basic understanding of the process and terms used.

Register Here:

<https://docs.google.com/forms/d/e/1FAIpQLScLLIrpIEJsnz2Gvxc74E2PSsp9K5-Z4kdDU3w4Trc5qRWd9g/viewform>

**January 13, 2022 7:00 PM-9:00 PM**

**Mandated Reporter Training**

*Presented by Hether Anderson AFFM Training Facilitator*

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Register Here:

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**January 18, 2022 1:00 PM-2:30 PM**

**Allegation Prevention and Protocol**

*Presented by Hether Anderson AFFM Training Facilitator*

This training will assist families in asking "the right questions" prior to placement, provide helpful hints on what and when to document events, provide creative ways to prioritize and/or reduce conflicts between adults and children, provide a basic understanding of confidentiality rules, and the respecting and valuing of privacy. The training will also share the process of investigating an allegation in a foster home and what families can anticipate in terms of the process.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLSetceR0mtP-xSxTPb039qCZLCSD\\_74pj3d6XV3vWAXy6MficA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSetceR0mtP-xSxTPb039qCZLCSD_74pj3d6XV3vWAXy6MficA/viewform)

**January 26, 2022 7:00 PM-8:30 PM**

**Planning for Joining a Child to Your Family**

*Presented by Hether Anderson AFFM Training Facilitator*

This training is designed to help support resource families in understanding the processes a child and family go through when a child joins a resource home. We will cover the commitments, needs and wishes for a child joining your family. This training will help guide families in working for a successful transition.

Register

Here: <https://docs.google.com/forms/d/e/1FAIpQLSdAyZIDbCu5qNgL9OWHsg3xVZga9zE-xIR0izid74IEG-KCIA/viewform>

**February 2, 2022 7:00 PM-9:00 PM**

**Mandated Reporter Training**

*Presented by Hether Anderson AFFM Training Facilitator*

All resource families are required to take the mandated reporter training when becoming licensed. They also need to renew this training every 4 years! Join us here for mandated reporter training and receive 2 training hours towards recertification! Mandated Reporters are a critical part of Maine's Child protection system and act as an early warning network to identify suspected child abuse and neglect; promptly enough to avoid serious and long term damage to a child. Professionals who frequently encounter children in their work are in the best position to recognize and report suspected child abuse and neglect and are required by law to do so.

Register Here:

<https://docs.google.com/forms/d/e/1FAIpQLSdSSyzMSPYnKHM5j8RVIDr1Zc9B7H3N2RSj5W2UA0qPzokaDA/viewform>

**February 10, 2022 7:00 PM-8:30 PM**

**Parenting Life Skills**

*Presented by Hether Anderson AFFM Training Facilitator*

Participants will understand 12 key good parenting skills and how to implement them in real-life situations. The information helps participants navigate the confusing and overwhelming abundance of parenting advice out there.

Register Here:

[https://docs.google.com/forms/d/e/1FAIpQLScb5IaxQW4a4FAHrvp2\\_vzSDsAiHXyGKZXqBqRua62-C5GLBQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLScb5IaxQW4a4FAHrvp2_vzSDsAiHXyGKZXqBqRua62-C5GLBQ/viewform)

**February 15, 2022 7:00 PM-8:30 PM**

**Building Healthy Relationships**

*Presented by Hether Anderson AFFM Training Facilitator*

This training focuses on supporting healthy development, conversations and relationships with young children to teenagers. During the 1 1/2 hour training participants will review the stages of typical child sexual development, identify red flags, and practice skills for starting conversations and answering difficult questions.

Register Here:

<https://docs.google.com/forms/d/e/1FAIpQLScNVi2JNbfWvUGWTMFrDFkFRMVcOoxNlo422oR8EB1upH4UQ/viewform>

**February 28, 2022 7:00 PM-9:00 PM**

### **Mandated Reporter Training**

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All resource families are required to take the mandated reporter training when becoming licensed. They also need to renew this training every 4 years! Join us here for mandated reporter training and receive 2 training hours towards recertification!

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Register Here:

<https://docs.google.com/forms/d/e/1FAIpQLScSULKAEF0hEm-zD2kmCAvuoQW7KaGoLJ0HpRJdifBlwrn6jA/viewform>

### **Foster Parent College**

Are you looking to complete your relicensing hours on your own time? FosterParentCollege.com's self-paced training courses are available 24/7 with most courses including; informative handouts, interactive exercises, an interactive review questionnaire, and printable summary. Some of the courses available include Anger Outbursts, Child Abuse and Neglect, Foster Care to Adoption, Understanding Behavior, Kinship Care and SO many more!

If you are a current licensed resource home or kinship family Foster Parent College is free to use when you sign up through AFFM's account here:

<https://www.fosterparentcollege.com/comment/contact-affiliate.jsp?affId=1110&op=request>

### **Podcast training available anytime!**

This link is to a podcast focused on how the older generations can facilitate and foster relationships with younger generations (grandkids), especially in a post-retirement stage of life. If you would like a training certificate issued for this training, please email monica@affm with a brief summary of what you took away from this podcast. You can view/listen to the podcast at any of the below links.

Blog Post: <https://blog.guidancepointllc.com/19>

Youtube: <https://www.youtube.com/watch?v=8xqv7A21RgU>

Facebook Post: <https://www.facebook.com/theretirementsuccessinmainepodcast/>

ApplePodcasts: <https://podcasts.apple.com/us/podcast/the-retirement-success-in-maine-podcast/id1479140129>

Spotify: [https://open.spotify.com/show/5vphBSQ5dCu0jPBuQ9rM63?si=zSKLNxd4SUa4etrKWfAZ\\_w](https://open.spotify.com/show/5vphBSQ5dCu0jPBuQ9rM63?si=zSKLNxd4SUa4etrKWfAZ_w)

### Beyond Consequences

TISConversations - Join Heather T. Forbes, LCSW for relevant trauma-informed conversations designed to support teachers, parents, and professionals. Deepen your understanding of how to solve challenging issues from a trauma-informed lens. Podcast also available on Google Podcasts, Apple Podcasts, Amazon Music and Spotify.

<https://www.youtube.com/channel/UCojwEQSAIQnaX1KRSTlwOTw>