

Virtual Training

Below is a list of online training being offered by AFFM online. All training is free of charge. Please click the link after each training description to sign up. You will receive an email with login instructions using Zoom once registration has been validated. The login information will be sent before the meeting starts.

For information on how to use Zoom:

<https://support.zoom.us/hc/en-us/sections/201728913-Joining-Starting>

May 7, 2021 10:00 AM - 11:30 AM

Assessing Attachment: A look at Attachment Theory and Emotional Coaching **Pre-recorded webinar**

Presented by Ruth Lyons, PhD

As a foster parent, one of the biggest gifts we give the children in our care is the guarantee of a caring adult in their life. Research suggests that failure to form secure attachments early in life can have a negative impact on behavior in later childhood and throughout life. This session will tackle how to navigate and assist children with attachment issues. In this session, participants will learn about Attachment Theory through the collective work of John Bowlby and Mary Ainsworth. Together we will examine the importance of early emotional bonds and the different types of attachment. After taking an attachment test to identify our own attachment styles, participants will learn the five steps of emotional coaching techniques that can be used with any child. Participants will leave equipped with new learnings that can immediately be put to use.

Register Here:

<https://docs.google.com/forms/d/e/1FAIpQLSehqNk5dQ2I0YyzkIVG0luEuqTudv0MpRae-6NzBB5bW36ptQ/viewform?gxids=7628>

May 11, 2021 7:00 PM - 8:30 PM

Allegation Prevention

Presented by Hether Anderson, AFFM Trainer

This training will assist families in asking "the right questions" prior to placement, provide helpful hints on what and when to document events, provide creative ways to prioritize and/or reduce conflicts between adults and children, provide a basic understanding of confidentiality rules, and the respecting and valuing of privacy. The training will also share the process of investigating an allegation in a foster home and what families can anticipate in terms of the process.

Register Here:

https://docs.google.com/forms/d/e/1FAIpQLSd9RZBxzC3dx9kIn6lc3ttgOrrg_B99X8RAjzE7EYW_LIWctA/viewform?gxids=7628

May 18, 2021 1:00 PM-3:00PM

Mandated Reporter Training

Presented by Hether Anderson AFFM Training Facilitator

All resource families are required to take the mandated reporter training when becoming licensed. They also need to renew this training every 4 years! Join us here for mandated reporter training and receive 2 training hours towards recertification!

Mandated Reporters are a critical part of Maine's Child protection system and act as an early warning network to identify suspected child abuse and neglect; promptly enough to avoid serious and long term damage to a child. Professionals who frequently encounter children in their work are in the best position to recognize and report suspected child abuse and neglect and are required by law to do so.

Register Here: <https://forms.gle/LKPDNvUeLiS3PaCw7>

May 25, 2021 1:00 PM-2:30 PM

Building Healthy Relationships

Presented by Hether Anderson AFFM Trainer

This training focuses on supporting healthy development, conversations and relationships with young children to teenagers. During the 1 1/2 hour training participants will review the stages of typical child sexual development, identify red flags, and practice skills for starting conversations and answering difficult questions.

Register Here:

<https://docs.google.com/forms/d/e/1FAIpQLSc6aEMHE-zqyPRoyv3OJrpdsg5HaqkyAtrRMLX3eQNx9YFZ1Q/viewform?gxids=7628>

June 09, 2021 9:00 AM-2:00 PM

Youth Mental Health First Aid

Presented by NAMI Maine

Mental Health First Aid is a national best-practice, evidenced-based certification course that is 6 hours in length, 2 hours of self paced learning and 4 hours of instructor lead material over zoom. Youth Mental Health First Aid leads to a 3 year certification issued by the National Council on Behavioral Health.

20 person maximum.

Register Here: <https://www.namimaine.org/youthprograms/p/ymhfa6921>

June 10, 2021 7:00 PM-8:30 PM

Parenting Life Skills

Presented by Hether Anderson, AFFM Training Facilitator

Participants will understand 12 key good parenting skills and how to implement them into real life situations. The information helps participants navigate the confusing and overwhelming abundance of parenting advice out there.

Register Here:

https://docs.google.com/forms/d/e/1FAIpQLSeqhnBCfXQeKr05MV3IkO_UZnD3WYZAI D24yxnZ_UlqEShfFw/viewform

June 15, 2021 7:00 PM-9:00 PM

Mandated Reporter Training

Presented by Hether Anderson AFFM Training Facilitator

All resource families are required to take the mandated reporter training when becoming licensed. They also need to renew this training every 4 years! Join us here for mandated reporter training and receive 2 training hours towards recertification!

Mandated Reporters are a critical part of Maine's Child protection system and act as an early warning network to identify suspected child abuse and neglect; promptly enough to avoid serious and long term damage to a child. Professionals who frequently encounter children in their work are in the best position to recognize and report suspected child abuse and neglect and are required by law to do so.

Register Here: <https://forms.gle/RirL29wyzcHysyL18>

June 22, 2021 1:00 PM-2:30 PM

Adoption: What is Normal?

Presented by Hether Anderson AFFM Training Facilitator

This training offers a discussion about adoption to prepare families for the unexpected. Join Hether and peers in the discussion to support one another through adoption to adulthood and beyond. This training will offer several resources and strategies to support families through this journey.

Register Here:

https://docs.google.com/forms/d/e/1FAIpQLSczfMISbzQA0niPEcDIDvhtXX_5s1yLenpQf wN0yEXdtM1GXQ/viewform

June 29, 2021 7:00 PM-8:30 PM

Resources for Success

Presented by Hether Anderson AFFM Training Facilitator

AFFM offers families resources and services to support them through their Kinship, Foster, and Adoptive journeys. This informational training will cover many of the fun outings, training, allegation support, warm line services, brainstorming, guidance, and CARES meetings that AFFM has to offer. This training will give families time to network with other families in breakout groups. Come get a refresher or see what you have been missing!

Register Here:

<https://docs.google.com/forms/d/e/1FAIpQLSfsVuoBHAAvmNLay4Y53Z7MLdGY1ew3IggRqTqddxcQxgsGQA/viewform>

July 8, 2021 7:00 PM-8:30 PM

In It For The Child

Presented by Hether Anderson AFFM Training Facilitator

This training offers strategies for effective and objective communication and documentation to help establish an effective partnership with the child welfare system. You will learn the importance of documentation and good communication with strategies on how to make it successful

Register Here:

https://docs.google.com/forms/d/e/1FAIpQLSeo9jjJjcqamYL9tJ40Rv879AADNZeisp6Wx1JZm1q1srNsag/viewform?usp=pp_url

July 12, 2021 10:00 AM-11:30 AM

Allegation Prevention & Protocol

Presented by Hether Anderson AFFM Training Facilitator

This training will assist families in asking "the right questions" prior to placement, provide helpful hints on what and when to document events, provide creative ways to prioritize and/or reduce conflicts between adults and children, provide a basic understanding of confidentiality rules, and the respecting and valuing of privacy. The training will also share the process of investigating an allegation in a foster home and what families can anticipate in terms of the process

Register Here:

https://docs.google.com/forms/d/e/1FAIpQLScnpGlaRrm7mEHMFil-MI2wVmPPogvjywCFpHwIRxT4vnKf5Q/viewform?usp=pp_url

July 20, 2021 12:00 PM-1:30 PM

Understanding Safety and Awareness

Presented by Monica Bushey AFFM Training Coordinator

Safety Training will start by providing participants with important reasons why safety is a subject that needs to be talked about, ending with ways to help reduce the risk of putting oneself in an unsafe situation. Participants will walk through safety planning in class as well as discuss tips to consider when providing supervised visits for children in and out of the home. General safety tips for everyday living are covered along with what to do if an incident or emergency occurs.

Register Here: <https://forms.gle/SRkqJB6X3cnxFMPT7>

July 29, 2021 10:00 AM - 12:00 PM

Mandated Reporter Training

Presented by Hether Anderson AFFM Training Facilitator

All resource families are required to take the mandated reporter training when becoming licensed. They also need to renew this training every 4 years! Join us here for mandated reporter training and receive 2 training hours towards recertification! Mandated Reporters are a critical part of Maine's Child protection system and act as an early warning network to identify suspected child abuse and neglect; promptly enough to avoid serious and long term damage to a child. Professionals who frequently encounter children in their work are in the best position to recognize and report suspected child abuse and neglect and are required by law to do so.

Register Here: <https://forms.gle/7ZnvCb57W79mAA428>

August 17 & 19, 2021 10:00 AM - 12:00 PM

Positive Discipline

Presented by Monica Bushey AFFM Training Coordinator

The two most significant challenges children face are learning acceptable social behaviors and being able to control their own actions.

And there lies the vital importance of taking time to teach and guide children in learning how to make effective choices and manage their own behavior over time. This can start as early as possible. This workshop will cover the definition of discipline along with 7 principles of discipline which are introduced through group work and class discussion. These principles of discipline will give you tools to use at home.

This is a two-session training. Both sessions must be attended to receive training hours.

Register Here: <https://forms.gle/py2D92EfV4bPThmo7>

August 23, 2021 7:00 PM-9:00 PM

Mandated Reporter Training

Presented by Hether Anderson AFFM Training Facilitator

All resource families are required to take the mandated reporter training when becoming licensed. They also need to renew this training every 4 years! Join us here for mandated reporter training and receive 2 training hours towards recertification!

Mandated Reporters are a critical part of Maine's Child protection system and act as an early warning network to identify suspected child abuse and neglect; promptly enough to avoid serious and long term damage to a child. Professionals who frequently encounter children in their work are in the best position to recognize and report suspected child abuse and neglect and are required by law to do so.

Register Here: <https://forms.gle/KKKwo43GwW7eXe7HA>

Podcast training available anytime!

This link is to a podcast focused on how the older generations can facilitate and foster relationships with younger generations (grandkids), especially in a post-retirement stage of life. If you would like a training certificate issued for this training, please email monica@affm with a brief summary of what you took away from this podcast. You can view/listen to the podcast at any of the below links.

Blog Post: <https://blog.guidancepointllc.com/19>

Youtube: <https://www.youtube.com/watch?v=8xqv7A21RgU>

Facebook Post: <https://www.facebook.com/theretirementsuccessinmainepodcast/>

ApplePodcasts: <https://podcasts.apple.com/us/podcast/the-retirement-success-in-maine-podcast/id1479140129>

Spotify: https://open.spotify.com/show/5vphBSQ5dCu0jPBuQ9rM63?si=zSKLNxd4SUa4etrKWfAZ_w

Beyond Consequences

TISConversations - Join Heather T. Forbes, LCSW for relevant trauma-informed conversations designed to support teachers, parents, and professionals. Deepen your understanding of how to solve challenging issues from a trauma-informed lens.

Podcast also available on Google Podcasts, Apple Podcasts, Amazon Music and Spotify.

<https://www.youtube.com/channel/UCojwEQSAIQnaX1KRSTlwOTw>