



# **Adoptive & Foster Families of Maine, Inc. & The Kinship Program**

## **21st Annual Spring Conference**

**Trauma Informed Parenting:  
Keep Calm and Tech On**



### **Who Should Attend:**

Kinship Providers, Foster Parents, Adoptive Parents, Social Workers, Child Welfare Workers, Clinicians, CASA Volunteers, Judges, Attorneys, Educators, and Other Child & Family Advocates



## Welcome To AFFM'S 21ST Annual Spring Conference

**Adoptive and Foster Families of Maine, Inc. & The Kinship Program, in partnership with the Department of Health and Human Services, would like to welcome you to Portland, Maine and the 21st Annual Spring Conference! We hope you enjoy your time with us.**

**AFFM is proud to take part in many child welfare collaborative groups, community partnerships, and national programs in order to provide resource families with the support they deserve. AFFM is honored to provide resource families with a wide variety of support and services such as:**

- **Training:** AFFM collaborates with DHHS and other agencies to sponsor workshops and trainings that are designed to meet the needs of adoptive, foster and kinship families. Many resource families use trainings to go towards needed hours for re-licensing.
- **Allegation Support:** Our Allegation Support Team will help foster parents understand the process of an allegation that they may receive during their time of being a foster parent.
- **Support Groups:** Support groups are open to all resource families and are available in each county. Support groups provide families with an opportunity to network and gain knowledge and solutions to complex issues they may be facing. Free childcare is provided at each support group.
- **Mentor Service:** Resource Family Mentor Service is a support to help new resource families get accustomed to their new role as a foster parent. New foster and kinship families receive direct support, encouragement, training and guidance from their more experienced peers.
- **Lending Library:** The library is a huge resource. Books, videos and DVDs on a wide range of topics related to issues of foster care, kinship and adoption are available. The library has items of interest for all ages. The listing of lending library material can be found on at [www.affm.net](http://www.affm.net).
- **Direct Support:** AFFM staff is available to attend meetings with foster, kinship and adoptive parents. It is often useful to have someone who is not personally caught up in the issues to provide neutral clarity after a meeting. AFFM offers a 24/7 warm-line. Resource families can call anytime when there is an urgent need to talk with our staff. Our email list serve is the fastest way to inform and notify families of topics and information that is important to them.
- **Kinship Support:** AFFM provides specific supports to kinship families who are caring for children in DHHS custody and when there is no DHHS involvement at all.
- **Welcome Packet:** New resource families of AFFM receive a Welcome Packet that includes a discount card, information about free passes to the children museums, support group listings, Family Ties Newsletter, and AFFM's brochure.

<b>Friday April 6, 2018</b>	
<b>7:30am - 8:30am</b>	<b>Registration</b>
<b>8:30am-9:00am</b>	<b>Announcements</b>
<b>9:00am – 10:30am</b> <b>Location: Casco Bay</b>	<b>Keynote Presentation:</b> <i>Marcus Stallworth, LMSW</i>
<b>10:30am-10:45am Break</b>	
<b>10:45am-12:00pm</b> <b>Location: Casco Bay</b>	<i>Current and Former Youth in Care Perspective on Social Media</i> <b>Presenters:</b> <i>Marcus Stallworth, LMSW in collaboration with YLAT</i>
<b>12:30pm-1:30pm Lunch Onsite</b> <i>A Family for ME and RPCT Overview</i>	
<b>Afternoon Workshops</b>	
<b>1:45pm-3:00pm</b> <b>Workshop A</b> <b>Location: Salon E</b>	<i>Mental Health Considerations and Treatment for Kids in Foster Care</i> <b>Presenter:</b> <i>Matthew Lahaie, P.M., M.D., J.D.</i>
<b>1:45pm-3:00pm</b> <b>Workshop B Location: Casco Bay</b>	<i>Instru“MEN”tal</i> <b>Presenter:</b> <i>Marcus Stallworth, LMSW</i>
<b>3:00pm-3:15pm Break</b>	
<b>3:15pm-4:00pm</b>	<i>Workshop A Continued</i> <i>Workshop B Continued</i>
<b>8:00am - 8:30am</b>	<b>Registration/ Check In</b>
<b>8:30am - 8:45am</b>	<b>Announcements</b>
<b>8:45am - 10:00am</b>	<b>Keynote Presentation:</b> <i>Sue Badeau</i>
<b>Morning Workshops 10:00am-12:00pm</b>	
<b>1:45pm-3:00pm</b> <b>* Workshop C</b> <b>Location: Salon E</b>	<i>Preventing and Addressing Traumatic Responses Through Movement, Music, Art and Creation</i> <b>Presenters:</b> <i>Sue Badeau, Chelsea Badeau and Lisa Maynard</i> <i>* If you register for Workshop C in the morning you will be in Work- shop D in the afternoon.</i>
<b>1:45pm-3:00pm</b> <b>* Workshop D</b> <b>Location: Casco Bay</b>	<i>Parenting A Child Who Has Experienced Trauma and Traumatic Sep- aration</i> <b>Presenter:</b> <i>Heather Biggar, LCSW</i> <i>* If you register for Workshop D in the morning you will be in Work- shop C in the afternoon.</i>
<b>Lunch 12: 30pm - 1:30pm</b>	
<b>Afternoon Workshops 1:45pm - 3:00pm (Break until 3:15pm)</b>	
<b>3:15pm-4:00pm</b>	<i>Continuation of Morning Workshops</i>
<b>Conference Closure</b>	<i>Moving Forward with Tools for Success</i>

# Introducing the Keynote Speakers



## Marcus Stallworth, LMSW

Marcus Stallworth, LMSW has spent the last two decades working with children and families across the country. Since 2012 he has been working with the Child Welfare League of America as a national consultant, trainer, and curriculum developer. He has had multiple articles published in CWLA's Children's Voice magazine, co-wrote the acclaimed Supervision for Success training curriculum, and is recognized in "Acknowledgments" section of globally utilized New generation PRIDE published in 2016. He is also on the Board of Directors for the National Foster Parent Association (NFPA).

Marcus holds a leadership position and Connecticut's Fatherhood Engagement Leadership Team (F.E.L.T) and he is an adjunct professor at the University of Bridgeport where he teaches a self created 3 credit elective entitled: Social Media: The Good, Bad, and the Ugly. Marcus is co-owner of Welcome 2 Reality, LLC which is a company focusing on Media Literacy; education and support for students and parents on social media responsibility and the influences advertisement and entertainment has on brain development. Welcome 2 Reality, LLC is credited for getting Public Act 17-67 passed into law Connecticut, mandating steps be taken to provide social media education be taught in all public schools.

Mr. Stallworth also was part of Connecticut's Behavioral Health First Response Network in 2012, and played a leadership role in providing acute and ongoing Crisis Intervention services connected to the Sandy Hook mass shooting in Newtown, Connecticut. Mr. Stallworth also owns Stallworth Counseling Services, which primarily focuses on issues around Effective Co-parenting, Fatherhood Engagement and support, and Self-Care for Social Workers, Foster Parents, and Parents.

## Sue Badeau



Sue Badeau, is a nationally known speaker, writer and consultant with a heart for children and families. After receiving a degree in Early Childhood Education from Smith College, Sue worked for many years in child services and serves on several national boards including the North American Council on Adoptable Children and Justice for Families. She served on the advisory board of the National Child Traumatic Stress Network for over a decade and helped develop many of their curricula and materials.

She has also worked closely with the National Council for Juvenile and Family Court Judges, Casey Family Programs and the Pew Commission on Children in Foster Care. Sue and her husband, Hector, are lifetime parents of 22 children, two by birth and 20 adopted. They have also served as foster parents and kin caregivers.

They have authored a book about their family's parenting journey, *Are We There Yet: The Ultimate Road Trip, Adopting and Raising 22 Kids*. Sue and her daughter Chelsea are the author and artist creators of the books *Building Bridges of Hope: A Coloring Book for Adults Caring for Children Who Have Experienced Trauma* and *Bubbles and Butterflies: A Calming Coloring Book for Children*. Sue may be reached at [sue@suebadeau.com](mailto:sue@suebadeau.com). Sue and Hector live in Philadelphia and are active in their community, Project HOME and Summit Presbyterian Church.

### **Friday Morning Workshop (10:45am-12:00pm):**

#### ***Current and Former Youth in Care Perspective on Social Media***

Marcus is a dynamic and engaging speaker who gives examples of the impact of social media & technology has on today's society-especially its influence on youth's perceptions of reality reveals significant risks for the unaware. Marcus provides realistic cost-effective strategies to identify vulnerabilities and protect youth that can be immediately used by caregivers. Risk factors will be discussed and reasonable alternatives are provided that lessen overexposure. Marcus uses examples of smartphone apps, cyberbullying, user addition, texting & driving, exposure to inadvertent pornography, and sex trafficking victimization

**Presenters:** Marcus Stallworth, LMSW in collaboration with YLAT.

### **Friday Afternoon Workshops (1:45pm-3:00 pm):**

#### ***Workshop A: Mental Health Considerations and Treatment for Kids in Foster Care.***

**Presenter:** Matthew Lahaie, PM, MD, JD

Dr. Lahaie is a psychiatrist at Massachusetts General Hospital (MGH) and on faculty at Harvard Medical School (HMS). He is the Medical Director of the Maine Office of Child and Family Services via the MGH Visiting Program. He additionally serves as the Medical Director of the Children and the Law Program at MGH, and serves as a staff psychiatrist in the MGH Law & Psychiatry Service.

Dr. Lahaie completed residency in general psychiatry at MGH and McLean Hospital prior to his fellowship in child and adolescent psychiatry at MGH and McLean hospital. He completed additional fellowship training in forensic psychiatry at the MGH/Harvard Forensic Psychiatry Fellowship. He earned his medical degree at Mayo Medical School, and his law degree at the Sandra Day O'Connor College of Law. Following fellowship training, Dr. Lahaie joined the faculty of MGH and HMS.

#### ***Workshop B: Instru“MEN”tal***

**Presenter:** Marcus Stallworth, LMSW

This workshop will focus on ways to improve engagement efforts with fathers in case planning and decision making for youth in their care.

### **Saturday, April 7th Workshops (10:00am—12:00pm)**

#### ***Workshop C: Preventing and Addressing Traumatic Responses Through Movement, Music, Art and Creative Expression***

**Presenters:** Sue Badeau, Chelsea Badeau & Lisa Maynard

Children who have experienced the trauma of abuse or neglect need safe and stable foster, kin and adoptive families in which to heal, grow and thrive. Families who care for these children need supports and strategies to be successful. Workers and caregivers often experience secondary, or vicarious trauma as a result of continuous exposure to the traumatic experiences and re-tellings of the children and families they serve. These various forms of trauma are experienced in the mind, body and spirit, impacting the ability to self-regulate, process thoughts and feelings, focus on life, school or work-related tasks and maintain appropriate boundaries. Engaging all of one's senses, particularly through music and art, intentional breathing, yoga and simple movement helps to engage the individual, prevent compassion fatigue or burn-out and support healing.

This interactive hands-on workshop will provide basic information about trauma including secondary trauma, the importance of self-care and the role of multi-sensory and multi-modal approaches to prevention and healing. It will also demonstrate and provide opportunities for participants to practice trauma-sensitive art/painting combined with intentional breathing exercises and a few simple yoga and movement exercises which promote and support self-regulation and inner calm. Each participant will leave the session with their own completed painting to take home or back to the office as a permanent reminder of the ideas and strategies learned in this session.

***\* If you register for workshop C in the morning you will be in Workshop D in the afternoon.***

#### ***Workshop D: Parenting A Child Who Has Experienced Trauma and Traumatic Separation***

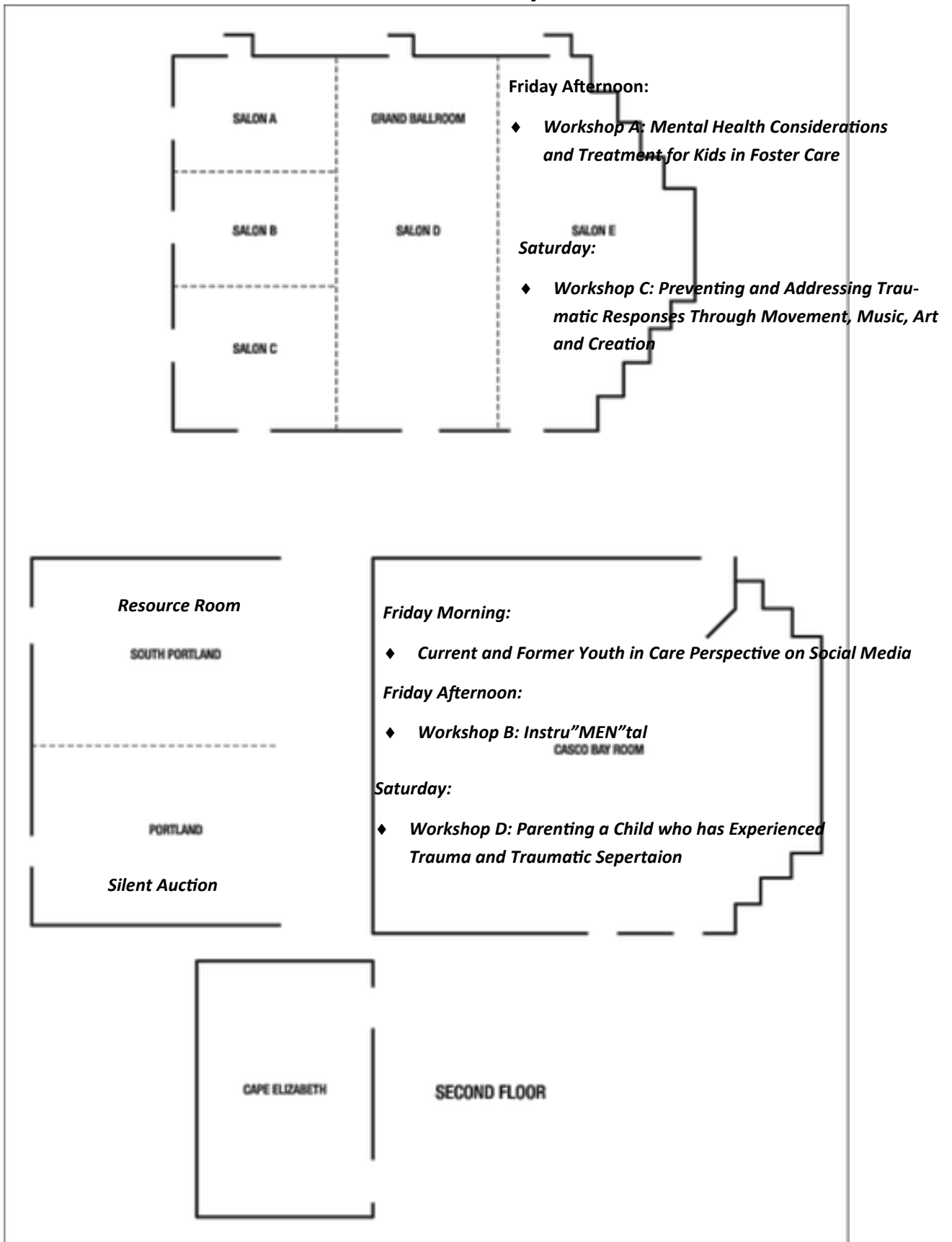
Children who have been exposed to violence and trauma and have been separated from their biological parents often view and experience the world from a different perspective. Parenting these children can present a unique set of challenges and rewards. This training will explore the effects of traumatic stress on children and how their experience affects the adults who are currently caring for them.

**Presenter:** Heather Biggar, LCSW

***\* If you register for workshop D in the morning you will be in Workshop C in the afternoon.***

# Portland Marriot at Sable Oaks

## Floor Plan and Conference Layout



## Registration Form (Please Print)

Registrant 1 Name:	Registrant 2 Name:
Address:	Address:
Phone:	Phone:
Email:	Email:

### Please Check All That Apply:

Foster <input type="checkbox"/>	Adoptive <input type="checkbox"/>	Kinship <input type="checkbox"/>	Single (\$60) <input type="checkbox"/>	Child Welfare Professional (\$80) <input type="checkbox"/>
<b>Registrant 1 Workshop Choices</b>			<b>Registrant 2 Workshop Choices</b>	
<b>Friday Afternoon, April 6th</b>			<b>Friday Afternoon, April 6th</b>	
Workshop A <input type="checkbox"/>			Workshop A <input type="checkbox"/>	
Workshop B <input type="checkbox"/>			Workshop B <input type="checkbox"/>	
<i>*Please Note: Friday Morning all participants will attend Current and Former Youth in Care Perspective on Social Media</i>			<i>*Please Note: Friday Morning all participants will attend Current and Former Youth in Care Perspective on Social Media</i>	
<b>Saturday April 7th</b>			<b>Saturday April 7th</b>	
Workshop C <input type="checkbox"/> Workshop D <input type="checkbox"/>			Workshop C <input type="checkbox"/> Workshop D <input type="checkbox"/>	
<i>*Please Note: If you register for Workshop C in the morning you will be in Workshop D in the afternoon and vice versa.</i>			<i>*Please Note: If you register for Workshop C in the morning you will be in Workshop D in the afternoon and vice versa.</i>	

Please Circle if is Check Enclosed: Yes   No   Bill Agency: \_\_\_\_\_

Please Make Checks Payable to: AFFM

Please Check off Meals you will Attend:      Friday Lunch ☐      Saturday Lunch ☐

Special Accommodations, allergies etc., Please Specify:

Please mail registration forms to: Adoptive and Foster Families of Maine, Inc. 34 Main St. Orono, ME  
04473 Or fax: 207-889-6978 or Email: lauri@affm.net

(AFFM Staff only) Date Received: \_\_\_\_\_

*Conference cost includes both days, all meals, and all materials provided*



# Adoptive & Foster Families of Maine, Inc. & The Kinship Program

## Attention Vendors

AFFM is eager to help you spread the word about your organization and provide you with the opportunity to network with resource families along with other child welfare advocates and providers. Please fill out the below form and send it to AFFM to reserve a table at the conference. AFFM looks forward to you joining us at the 21st Annual Spring Conference!

- Set up will start at 6:30am on Friday April, 6th.
- Conference Registrations begins at 7:30am
- Break down and clean up by 4:00pm on April, 7th
- Free coffee and water
- Each vendor is asked to provide a basket for AFFM to use as a door prize or silent auction item.

### Please Check Lunch Option:

- Onsite Lunch per person \$20.00 ☐
- Lunch on Your Own ☐

Name of Organization: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### Payment Information

Please return your Organization's information and payment to Adoptive and

Foster Families of Maine, Inc. 34 Main St. Orono, Maine. 04473

Name of Organization \_\_\_\_\_

Billing Address \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Check Here if Paying by Cash: ☐

Paying by Check:

Check Number: \_\_\_\_\_

Amount included: \_\_\_\_\_

*Fees include **both** days of the conference, a table to set up on, and chairs*



If you have any questions about payment  
Please call Adoptive and Foster Families of  
Maine Inc. 1-800-833-9786

Please Make Checks Payable To: Adoptive and Foster Families of Maine, Inc.

# Lodging Information

## **The Marriott at Sable Oaks**

200 Sable Oaks Drive,  
South Portland, Maine 04106

### ***Amenities Include:***

- Express check-in
- Coffee/tea in common areas
- Elevator/lift
- Fitness facilities
- Indoor pool
- 24-hour front desk
- Rollaway/extra beds available



Resource Family room rate \$109.00 per night. Reservations must be made prior to 4/6/2018.

**To Reserve a Room Call:** 1-207-871-8000 or **Book Online At:** <http://www.marriott.com/hotels/travel/pwmap-portland-marriott-at-sable-oaks/?scid=bb1a189a-fec3-4d19-a255-54ba596febe2>

# Additional Information

- The annual silent auction will take place throughout the conference. Bid on a basket filled with goodies, including handmade quilts, gift certificates, toys, baby items, and much more! Winners of auctioned items will be announced during Saturday's lunch.
- All attendees can take part in a chance to win a door prize and the 50/50 raffle! Winners will be announced during Saturday's lunch.
- AFFM will also pay a special thanks to those individuals that provide mentoring services.
- For more information visit [www.affm.net](http://www.affm.net), AFFM's Facebook page, or follow AFFM on twitter @affmaine

*We look forward to seeing you at this year's conference!*